

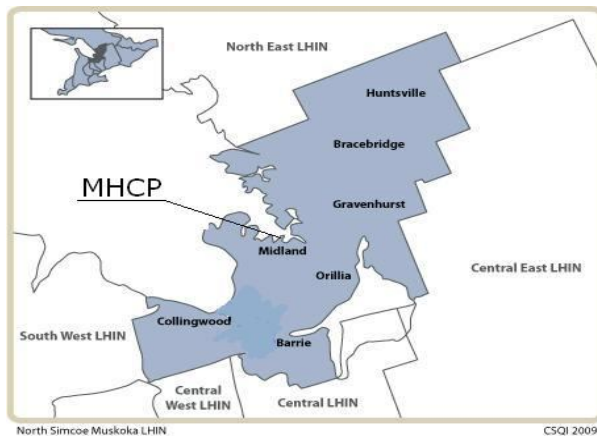
The Behavioural Intervention Response Team

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&
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North Simcoe Muskoka (NSM) LHIN



Key Points and Outline

- Prevalence and impact of severe behaviours in Long-Term Care (LTC).
- The BIRT service delivery model: supporting LTC facilities in NSM-LHIN.
- Program outcomes and evaluation.

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Prevalence

- 40% of LTC residents demonstrated aggressive behaviour (CIHI, 2008).
- Over half of all LTCH in Ontario reported having to call the police for assistance related to mental health or severe behavioural issues (MOHLTC, 2007).
- No uniform definition of severe behaviours therefore it is difficult to establish the incidence and prevalence.

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Severe Behaviours

“severe behaviours are persistent, have an identifiable pattern, include physical aggression, and are considered a high-risk to the safety of the resident and other persons in his or her environment” (MHCP, 2009).



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The Concept

- BIRT provides quick response to the LTCF, including trained staff, long term response plan, education, care plan development, a risk assessment plan, and linkages to other supports.
- BIRT deals with a specific subset of the LTC population: Cognitively impaired residents with a pattern of behaviour that includes physical aggression and creates a high level of risk for the individual and others in their environment.

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Expected Outcomes

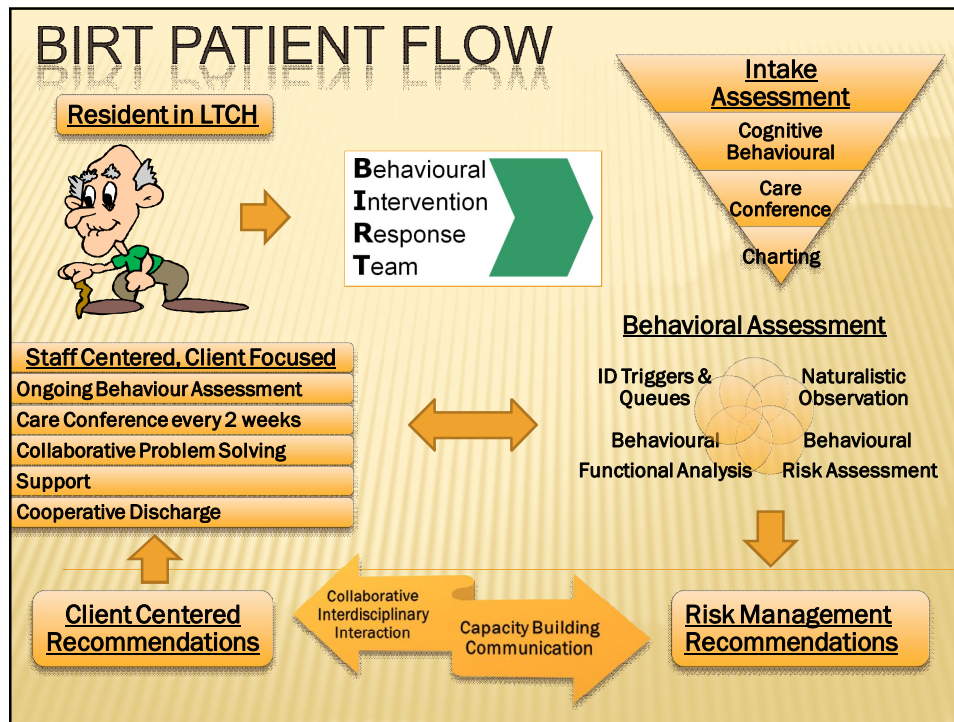
- Decrease in inappropriate Form 1 usage
- No hospital admissions for severe behaviours
- Increased capacity for LTCF to manage severe behaviours

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Team Composition

- Intake Coordinator
 - Annalee King
- Social Worker
 - Stephanie MacKenzie
- Behavioral Support Specialists
 - Jenny Robertson
 - Matthew Keating
- Psychogeriatric Resource Consultants
 - Valerie Powell
 - Maureen O'Connell
- Geriatric Services Program Director
 - Gail Scott

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Referrals

- 24/7 intake and behavioural support.
- Physician referral.
- Willingness to commit to behavioural intervention.
- Labs; medications; detailed description of behaviours and current interventions; recent progress notes, behavioural charting (eg. DOS)).

How is BIRT Doing

	2009/2010 (Sept.1 – March 31)	2010/2011 (April 1 – Dec. 31)	Total
Admissions	14	12	26
Avg. LOS (adjusted for outliers)	54days Max: 120 Min: 1	58days Max: 113 Min: 1	70days Max: 140 Min: 1
Emergency Department transfers	2	3*	5
Inpatient psychiatric assessment	2	5	7

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Client Profile

Joe:


frequently enters residents bedrooms and personal space; he becomes verbally aggressive when residents become upset at him. He raises his fists and threatens to hit staff and residents. Recently he has started chasing after staff yelling verbal threats; staff lock themselves in the nurses station until he calms.



Anne:

becomes aggressive with a.m. care; kicking, hitting, pinching, biting and/or scratching caregivers until she is up in her wheel chair.

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Thank You!!!

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